Channel Correspondences and Relationships Based on the Work of Richard Tan and Chao Chen By Dr. Peter Borten, LAc, DAOM Opposite Chinese Clock Heart ⇔ Gallbladder Lung ⇔ Bladder Etc. Determine ipsilateral or contralateral based on ashi and/or effect when palpated Branching Meridians Six Divisions Taiyin ⇔ Taiyang Shaoyin ⇔ Shaoyang Jueyin ⇔ Yangming ★ Always Hand ⇔ Foot ★ Determine ipsi/contralateral based Foot Taiyang ⇔ Hand Taiyang Foot Shaoyang ⇔ Hand Shaoyang Foot Yangming ⇔ Hand Yangming Etc. ★ Always Contralateral ★ and/or effect when palpated. on ashi or effect when palpated. Global Balancing Neighbors on Clock Patterns Yin-Yang Pairs (Adjacent Channels) Lung ⇔ Large Intestine Spleen ⇔ Heart, Etc. Spleen ⇔ Stomach Pairs involving one or two Yang Etc. channels are more potent. ★ Always Contralateral ★ 3 ★ Always Contralateral ★ MOUNTAIN EARTH J.FIRE 11 AM 1 PM SM INTESTINE **HEART** HAND TANANG FOOTTAIYIN HAND SHAOYIN 304 BLADDER CONTANYANG 1 AM 5 PM HAND YANGMING G INTESTINE FOOT SHAOYIN KIDNEY AM HAND JUETIN PERICARDIUM That and OOON STACKWAY S TOEN SHAOYANG FOOT SHAOYANG MAJUL TOOA The Co OAIL WAS CALLBLADDER OOM • ONIW • NUX Mq11