

Channel Correspondences and Relationships

Based on the Work of Richard Tan and Chao Chen

By Dr. Peter Borten, LAC, DAOM

Opposite Chinese Clock

Heart ↔ Gallbladder
Lung ↔ Bladder
Etc.
Determine ipsilateral or contralateral based on ashi and/or effect when palpated.

Branching Meridians

Taiyin ↔ Taiyang
Shaoyin ↔ Shaoyang
Jueyin ↔ Yangming
★ Always Hand ↔ Foot ★
Determine ipsi/contralateral based on ashi or effect when palpated.

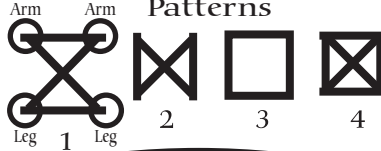
Six Divisions

Foot Taiyang ↔ Hand Taiyang
Foot Shaoyang ↔ Hand Shaoyang
Foot Yangming ↔ Hand Yangming
Etc.
★ Always Contralateral ★

Yin-Yang Pairs

Lung ↔ Large Intestine
Spleen ↔ Stomach
Etc.
★ Always Contralateral ★

Global Balancing Patterns



Neighbors on Clock (Adjacent Channels)

Spleen ↔ Heart, Etc.
Pairs involving one or two Yang channels are more potent.
★ Always Contralateral ★

