

# Channel Correspondences and Relationships

Based on the Work of Richard Tan and Chao Chen

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## Opposite Chinese Clock

Heart ↔ Gallbladder  
Lung ↔ Bladder  
Etc.  
Determine ipsilateral or contralateral based on ashi and/or effect when palpated.

## Branching Meridians

Taiyin ↔ Taiyang  
Shaoyin ↔ Shaoyang  
Jueyin ↔ Yangming  
★ Always Hand ↔ Foot ★  
Determine ipsi/contralateral based on ashi or effect when palpated.

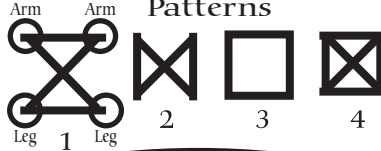
## Six Divisions

Foot Taiyang ↔ Hand Taiyang  
Foot Shaoyang ↔ Hand Shaoyang  
Foot Yangming ↔ Hand Yangming  
Etc.  
★ Always Contralateral ★

## Yin-Yang Pairs

Lung ↔ Large Intestine  
Spleen ↔ Stomach  
Etc.  
★ Always Contralateral ★

## Global Balancing Patterns



## Neighbors on Clock (Adjacent Channels)

Spleen ↔ Heart, Etc.  
Pairs involving one or two Yang channels are more potent.  
★ Always Contralateral ★

