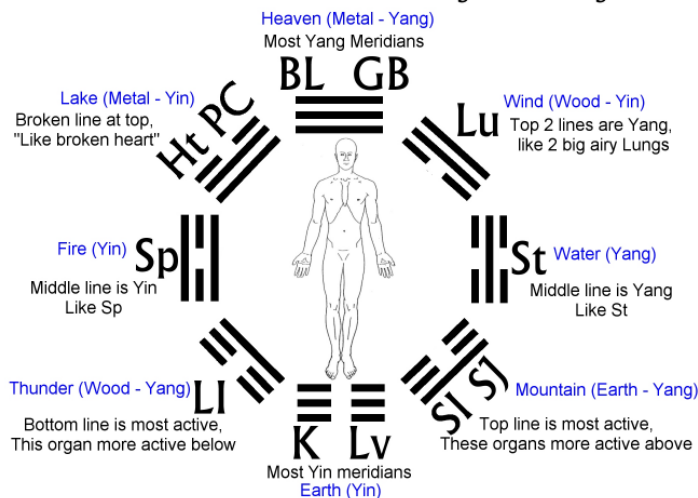


Gua	☰ Lu	☲ LI	☱ St	☵ Sp	☶ Ht	☴ SI	☳ BL	☷ K	☱ P	☲ SJ	☵ GB	☴ Lv				
Top Line	Lu 5	LI 11	ST 36	Sp 9	Ht 3	SI 8	BL 40	K 10	P 3	SJ 10	GB 34	Lv 8				
Fifth Line	Lu 7	LI 5	ST 41	Sp 5	Ht 4	SI 5	BL 60	K 7	P 5	SJ 6	GB 38	Lv 5				
Fourth Line	Lu 8	LI 4	ST 42	Sp 4	Ht 5	SI 4	BL 64	K 4	P 6	SJ 4	GB 40	Lv 4				
Third Line	Lu 9	LI 3	ST 43	Sp 3	Ht 7	SI 3	BL 65	K 3	P 7	SJ 3	GB 41	Lv 3				
Second Line	Lu 10	LI 2	ST 44	Sp 2	Ht 8	SI 2	BL 66	K 2	P 8	SJ 2	GB 43	Lv 2				
First Line	Lu 11	LI 1	ST 45	Sp 1	Ht 9	SI 1	BL 67	K 1	P 9	SJ 1	GB 44	Lv 1				
Points to Needle in Order to Produce this Upper Trigram								Points to Needle in Order to Produce this Lower Trigram								
Trigram→ Element Polarity Name	☰ Metal Yang Heaven	☷ Metal Yin Lake	☲ Fire Yin Fire	☳ Wood Yang Thunder	☴ Wood Yin Wind	☵ Water Yang Water	☶ Earth Yang Mtn	☱ Earth Yin Earth	☰ Metal Yang Heaven	☷ Metal Yin Lake	☲ Fire Yin Fire	☳ Wood Yang Thunder	☴ Wood Yin Wind	☵ Water Yang Water	☶ Earth Yang Mtn	☱ Earth Yin Earth
Lu	8	5,8	7,8	5,7,8	5	7	5,7	11	9,11	10,11	9,10,11	9	10	9,10		
LI	11, 5	5	11	11,5,4	5,4	11,4	4	3,2	2	3	3,2,1	2,1	3,1	1		
St	36,42	42	36,41,42	41,42	36	36,41	41	43,45	45	43,44,45	44,45	43	43,44	44		
Sp	5	9,5	9	5,4	9,5,4	4	9,4	2	3,2	3	2,1	3,2,1	1	3,1		
Ht	3	3,4	4	3,5	5	3,4,5	4,5	7	7,8	8	7,9	9	7,8,9	8,9		
SI	5,4	8,5,4	4	8,4	5	8,5	8	2,1	3,2,1	1	3,1	2	3,2	3		
BL	40	60	40,60	64	40,64	60,64	40,60,64	65	66	65,66	67	65,67	66,67	65,66,67		
K	10,7,4	7,4	10,4	4	10,7	7	10	3,2,1	2,1	3,1	1	3,2	2	3		
PC	3	3,5	5	3,6	6	3,5,6	5,6	7	7,8	8	7,9	9	7,8,9	8,9		
SJ	6,4	10,6,4	4	10,4	6	10,6	10	2,1	3,2,1	1	3,1	2	3,2	3		
GB	34	38	34,38	40	34,40	38,40	34,38,40	41	43	41,43	44	41,44	43,44	41,43,44		
Lv	8,5,4	5,4	8,4	4	8,5	5	8	3,2,1	2,1	3,1	1	3,2	2	3		

Fu Xi's Ba Gua With Anatomical Arrangement of Zangfu



Double Each of These Gua to Get the Hexagram that Applies to Each Meridian
For Yin meridians, the lines of each hexagram signify the 5 transport points + Luo
For Yang meridians, the lines of each hexagram signify the 5 transport points plus Yuan

Basic Principles of Tan's Ba Gua-Based Element Balancing System

- A hexagram is formed for each meridian by doubling the trigram it is assigned in (Song Dynasty anatomical interpretation of) Fu Xi's Ba Gua arrangement. The six lines correspond to the five transport points plus Luo point (Yin meridians) or Yuan point (Yang meridians), with the bottom line representing the most distal of these points and the top line representing the most proximal.
- Needling any of these points switches the polarity of the corresponding line, turning a Yin (broken) line into a Yang (unbroken) line and vice versa. In this way, you can construct a hexagram to produce a desired effect.
- The elemental assignment of the lower trigram determines which element the treatment will act on. The upper trigram determines the nature of the effect. If the upper trigram is the mother of the lower trigram (e.g., Fire over Earth), the element of the lower trigram will be tonified (regardless of needle technique). If the upper trigram is the child of the lower (e.g., Metal over Earth), the element of the lower trigram will be reduced. Who knows what additional potential the selection of different combinations (e.g., ke cycle or horary) might have.
- The two trigrams chosen should consist of one Yin and one Yang trigram in order to produce the most harmonious effect (e.g., tonify water [yang trigram] with lake [yin metal] rather than heaven [yang metal]).
- Any meridian can be utilized to affect any element. Ideally, the combination of meridians chosen should reflect Tan's principles for global balancing.

This one page synopsis by Peter Borten, DAOM, developed from notes at Richard Tan's Portland seminar, Mar 5-6, 2011