

HEART

1. Utmost Source	1	▲
2. Blue-Green Spirit	X	5
3. Little Sea	3-5	3-7
4. Spirit Path	3	3-5
5. Penetrating Inside	3	3-5
6. Yin Mound	3	3-7
7. Spirit Gate ★	3	3-7
8. Lesser Palace	2-3	3-5
9. Little Rushing In	1	3-5

SMALL INTESTINE

1. Little Marsh	1	3-5
2. Forward Valley	1	3-7
3. Back Ravine	3	3-7
4. Wrist Bone ★	3	3-7
5. Yang Valley	2	3-7
6. Nourishing the Old	3	3-5
7. Upright Branch (XP6)	3	3-7
8. Small Sea	2	3-5
9. Upright Shoulder	5-7	X
10. Shoulder Blade (XP6)	5-7	3-7
11. Heavenly Ancestor	5	5-7
12. Grasping the Wind	5	7
13. Crooked Wall	5	3-7
14. Outside the Shoulder Correspondence	6	3-10
15. Middle of the Shoulder Correspondence	3-6	5-10
16. Heavenly Window	3	3
17. Heavenly Appearance	3	3-5
18. Cheek Bone	3	X
19. Listening Palace	2-3	3-5

BLADDER

1. Eyes Bright	3	X
2. Collect Bamboo	2	X
3. Eyebrows Rushing	3	3
4. Crooked Servant	2	3-5
5. Five Places	3	X
6. Receive Light	3	X
7. Penetrate Heaven	3	3-5
8. Luo End	3	3-5
9. Jade Pillow	3	3-5
10. Heavenly Pillar	3-5	3
11. Great Shuttle	3	7
12. Wind Gate	5	5-10
13. Lungs Correspondence	3-5	7-20
14. Circulation/Sex Crspndc	3	7
15. Heart Correspondence	3	3
16. Governor Vessel Crspndc	X	3
17. Diaphragm Crspndc	4	7-20
18. Liver Correspondence	3	7-20
19. Gallbladder Crspndc	3-5	3-15
20. Spleen Correspondence	3-5	7-20
21. Stomach Crspndc	3-5	7-21
22. Three Heater Crspndc	3-5	7-20
23. Kidneys Crspndc	5-8	3-15
24. Sea of Qi Crspndc	5	3-5
25. Colon Correspondence	8-10	7-20
26. First Gate Crspndc	10	3
27. Small Intestine Crspndc	8-10	7-20
28. Bladder Correspondence	8-10	7-15
29. Middle of the Backbone Correspondence	5	7-15
30. White Ring Crspndc	3-5	X
31. Upper Sacral Bone	8-10	7-15
32. Second Sacral Bone	8-10	7-15
33. Middle Sacral Bone	8-10	7-15
34. Lower Sacral Bone	6-8	7-15
35. Meeting of Yang	4	5
36. Near Division	4	7
37. Soul Door	5	7-15
38. Rich for the Vitals Crspndc	3	7-50
39. Spirit Hall	3	5
40. Wall of Grief	3	5-15
41. Diaphragm Border	5	3-15
42. Spiritual Soul Gate	5	3-15
43. Yang Net	5-7	5
44. Thought Dwelling	5-7	5-15
45. Stomach Granary	5-7	5-10
46. Diaphragm Gate of Vitality	5-7	7-15
47. Ambition Room	7-9	7-15
48. Womb and Heart Diaphragm	5-7	5-10
49. Orderly Frontier	5	7
50. Receive and Support	8	X
51. Prosperous Gate	7	X
52. Floating Reserve	5	3-7
53. Equilibrium Yang	7	3-5
54. Equilibrium Middle	5	X
55. Uniting Yang	5	3-7
56. Supporting Muscles	X	3-7
57. Supporting Mountain	7	5-15
58. Fly and Scatter	5	3-7
59. Foot Bone Yang	5	5-7
60. Kunlun Mountain	3-5	3-7
61. Servant's Aide	3	3-7
62. Extended Meridian	3	X
63. Golden Gate	3	3-5
64. Capital Bone ★	3-5	3-7
65. Bone Binder	3	3-5

66. Penetrating Valley	2	3-5
67. Extremity of Yin	2	3

KIDNEY

1. Bubbling Spring (XP8)	5	3-7
2. Blazing Valley (XP8)	5	3-5
3. Greater Mtn Stream ★	3	3-5
4. Great Bell (XP3)	3	3-7
5. Water Spring	4	5
6. Illuminated Sea	3	3-5
7. Returning Current (XP8)	4	3-7
8. Exchange Pledges	3	5
9. Building Guest	5	3-7
10. Yin Valley	4	3
11. Transverse Bone	X	5-15
12. Great Brightness	5-10	5-10
13. Door of Infants	5-10	5-10
14. Four Full	7-10	5-30
15. Middle Flowing Out	7-10	5-15
16. Vitals Correspondence	10	7
17. Merchant Crooked	10	7
18. Stone Border	7-10	7
19. Yin Capital	7-10	7-10
20. Through the Valley	5	7-10
21. Dark Gate	5	7-10
22. Walking on the Veranda	3	5
23. Spirit Seal	3	5
24. Spirit Burial Ground	3	5
25. Spirit Storehouse	3	5
26. Amidst Elegance	3	5
27. Store House	3	5

HEART PROTECTOR

1. Heavenly Pond (male)	3	3-5
(female)	X	X
2. Heavenly Spring	5	3
3. Crooked Marsh	3	3-5
4. Gate of Qi Reserve	4	5
5. The Intermediary	3	5
6. Inner Frontier Gate (XP4)	3	5
7. Great Mound ★	3	X
8. Palace of Weariness (XP3)	2-3	3
9. Rushing into the Middle	1	3

THREE HEATER

1. Rushing the Frontier Gate	1	3
2. Fluid Secretion Gate	1	3
3. Middle Islet	3	3-5
4. Yang Pond ★ (XP3)	3	X
5. Outer Frontier Gate	5	3-7
6. Branch Ditch	5	5
7. Assembly of Ancestors	3	5-7
8. Three Yang Junction	X	7
9. Fourth Gutter	6	3-7
10. Heavenly Well (XP4)	3-5	3-5
11. Pure Cold Abyss	3	3-7
12. Relax and Enjoy	5	3-7
13. Shoulder Meeting	3-7	5-15
14. Shoulder Bone	7	5-7
15. Heavenly Bone	3-8	5-7
16. Heavenly Window	3-5	X
17. Wind Screen	3	3-7
18. Feeding Meridians	1	X
19. Skull Breathing	X	3-7
20. Small Angle of Ear	X	3-7
21. Ear Gate	3	3-7
22. Harmony Bone	3-7	3-5
23. Silk Bamboo Hollow	3	X

GALLBLADDER

1. Orbit Bone	3	5
2. Hearing Assembly (XP1)	5	5
3. Upper Pass	X	3-5
4. Loathsome Jaws	2	3
5. Suspended Skull	3	3
6. Suspended Regulator	2	3
7. Crooked Hair on Temples	3	3-5
8. Flowing Valley	3	3-5
9. Heaven Rushing (XP4)	3	3-5
10. Floating White	3	3-5
11. Head Hole Yin	3	3-7
12. Final Bone	5	3-7
13. Root Spirit	3	7
14. Yang White	2	3
15. Head Above Tears	3	X
16. Eye Window	3	5
17. Upright Living	3	5
18. Receiving Spirit	X	5
19. Brain Hollow	3	5
20. Wind Pond	6	7-10
21. Shoulder Well	4-6	7-15
22. Armpit Abyss	4	X
23. Neglected Muscles	5	5
24. Sun and Moon	5	5-7
25. Capital Gate	7	7-12
26. Girdle Vessel	8	5-15
27. Five Pivots	7	3-10
28. Binding Path	8	5-7
29. Dwelling in the Bone	8	5-7
30. Jumping Circle	10-15	7-20
31. Wind Market	5	5

32. Middle Ditch	5	5-7
33. Knee Yang Border	5	X
34. Yang Mound Spring (XP2)	6	7-10
35. Yang Crossing	6	3-7
36. Outer Mound	4	3
37. Bright and Clear	6	7
38. Yang Support	6	5-15
39. Hanging Cup	3	5-15
40. Wilderness Mound ★	5	3-7
41. Foot Above Tears	3	5
42. Earth Five Meetings	2	X
43. Valiant Stream	3	3-5
44. Foot Hole Yin	1	3-5

LIVER

1. Great Esteem	1	5-7
2. Walk Between	3	5-7
3. Supreme Rushing ★	3	3-7
4. Middle Seal	4	3-5
5. Insect Ditch	3	3-7
6. Middle Capital	3	3
7. Knee Border	4	5
8. Crooked Spring	6	3-5
9. Yin Wrapping	5	3
10. Five Miles	5	5
11. Yin Angle	3	3
12. Hasty Pulse	X	3
13. Chapter Gate	6-8	7-20
14. Gate of Hope	4	5-7

LUNG

1. Middle Palace	3-5	5-10
2. Cloud Gate	3-5	5-10
3. Heavenly Palace	4-6	X
4. Valiant White	3-5	5
5. Outside Marsh	3-5	3-5
6. Greatest Hole	5	5
7. Narrow Defile (XP6)	2-3	3-5
8. Meridian Gutter	2-3	X
9. Very Great Abyss ★	2	3
10. Fish Region	3-5	X
11. Little Merchant (XP7)	1	X

COLON

1. Merchant Yang	1	3
2. Second Interval (XP9)	3	3
3. Third Interval	3	3
4. Joining the Valleys ★ (XP1)	5	5-7
5. Yang Stream	3	5
6. Side Passage	3	5-7
7. Warm Current	3	5-30
8. Lower Side	4	6
9. Upper Angle	4	5-10
10. Arm Three Miles (XP9)	5	5-10
11. Crooked Pond	5-8	5-10
12. Elbow Bone	3	3
13. Arm Five Miles	X	7
14. Outer Bone of the Arm	3	3-7
15. Shoulder Joint	6	7
16. Great Bone	6	3-7
17. Heavenly Vessel	3	3-7
18. Support and Rush Out	4	3
19. Grain Bone	1-3	X
20. Welcome Fragrance	1-3	X

STOMACH

1. Receive Tears	1-3	X
2. Four Whites	1-3	3
3. Great Cheekbone	1-3	5
4. Earth Granary (XP5)	1-3	5
5. Great Welcome	3-5	3-5
6. Mandible Wheel	3	7
7. Lower Passage	3	X
8. Head Tied	3	X
9. People Welcome	1-3	X
10. Water Rushing Out	1-3	X
11. Qi Cottage	3	3
12. Broken Bowl	3	3
13. Qi Door	3	5
14. Storehouse	3	5
15. Room Screen	3	5
16. Breast Window	3	5
17. Center of the Breasts	X	X
18. Root of the Breasts	3	3-5
19. Not At Ease	5	3-7
20. Receiving Fullness	5	3-7
21. Bridge Gate	7	5-15
22. Border Gate	8	5-15
23. Great Oneness	8	5-10
24. Lubrication Food Gate	8	5-15
25. Heavenly Pivot	5	5-20
26. Outside Mound	8-10	5
27. Great Might	8-10	5-10
28. Water Path	8	5-10
29. The Return	5	5-10
30. Qi Rushing	3	7
31. Thigh Border	6	3-7
32. Prostrate Hare	6	3-7
33. Yin Market	4	3-5
34. Beam Mound	4	3-5
35. Calf Nose	3	3
36. Leg Three Miles (XP8)	5-8	7-20

37. Upper Great Void	5	3-7
38. Branch Opening	5	3-7
39. Lower Great Void	5	3-7
40. Abundant Splendor	3	3-5
41. Released Stream	5	3-7
42. Rushing Yang ★	3	3-5
43. Sinking Valley	3	3
44. Inner Courtyard	3	3
45. Hard Bargain (XP6)	1	3

SPLEEN

1. Retired White (XP1)	1	X
2. Great Capital (XP1)	3	3-5
3. Supreme White ★	3	3-5
4. Prince's Grandson	3	3
5. Merchant Mound	3	3-7
6. Three Yin Crossing (XP9)	4	3-10
7. Leaky Valley	4	X
8. Earth Motivator	4	3-7
9. Yin Mound Spring	5-8	X
10. Sea of Blood	3-5	3-10
11. Basket Gate	5	3
12. Rushing Gate	7	5
13. Official Residence	7	5-10
14. Abdomen Knot	7	5-15
15. Great Horizontal	10	5-10
16. Abdomen Sorrow	7	5-10
17. Food Drain	3	5
18. Heavenly Stream	3	5
19. Chest Region	3	5
20. Encircling Glory	3	5
21. Great Enveloping	3	3-7

CONCEPTION VESSEL

1. Meeting of Yin	10	X
2. Crooked Bone	5	7
3. Utmost Middle	8	5-15
4. First Gate	10-15	7-15
5. Stone Gate	7-8	7-15
6. Sea of Qi	8	7-15
7. Yin Crossing	8	7
8. Spirit Deficiency	X	3-30
9. Water Division	5	5-15
10. Lower Duct	8	7-15
11. Established Mile	5-8	5-15
12. Middle Duct	3-8	7-15
13. Upper Duct	5-8	7-15
14. Great Deficiency	6	7-15
15. Dove Tail	3-5	3-5
16. Middle Hall	3	5
17. Within the Breast	X	3
18. Jade Court	3	5
19. Purple Palace	3	5
20. Flower Covering	3	3
21. Pearl Jade	3	5
22. Heaven Rushing Out	3	3-7
23. Angle Spring	3	3-7
24. Receiving Fluid	1-3	3-7

GOVERNING VESSEL

1. Long Strength	3	5-15
2. Loins Correspondence	3-5	5-15
3. Loins Yang Border	3-5	5-15
4. Gate of Life	3	7-15
5. Suspended Pivot	3	7-15
6. Middle of the Spine	3	X
7. Middle Pivot	X	X
8. Contracted Muscle	4	3
9. Utmost Yang	5	7
10. Supernatural Tower	X	3-7
11. Spirit Path	X	3-5
12. Body Pillar	4	5-30
13. Kiln Path	4	5-10
14. Great Hammer	4	5-15
15. Gate of Dumbness	3	X
16. Wind Palace	3	X
17. Brain Door	X	X
18. Strength Divider	2	X
19. Posterior Summit	3	7
20. One Hundred Meetings,	3	7
21. Anterior Summit	2	3-7
22. Skull Meeting	1	3
23. Upper Star	2	5
24. Spirit Hall	X	5
24. Hall of Impression	1-3	3-5
25. Plain Bone	1-2	X
26. Middle of Man	2	3
27. Correct Exchange	2	2
28. Mouth Crossing	2	X

KEY

White	Entry or Exit
Red	Fire
Yellow	Earth
Green	Metal
Blue	Water
Brown	Wood
Grey	Junction
★	Source