

Tan's Twelve Magical Point Acupuncture (Basic Structure) - Synopsis by Peter Borten, DAOM

Right Hand Yin, Clockwise		Right Hand Yin, Counter		Right Hand Yang, Clockwise		Right Hand Yang, Counter	
LU 11 or 10	LI 2 or 3	LU 11 or 10	LI 5 or 11	LI 1 or 2	LU 10 or 9	LI 1 or 2	LU 8 or 5
PC 9 or 8	SJ 2 or 3	PC 9 or 8	SJ 6 or 10	SJ 1 or 2	PC 8 or 7	SJ 1 or 2	PC 5 or 3
HT 9 or 8	SI 2 or 3	HT 9 or 8	SI 5 or 8	SI 1 or 2	HT 8 or 7	SI 1 or 2	HT 4 or 3
ST 41 or 36	SP 3 or 5	ST 44 or 43	SP 3 or 5	SP 5 or 9	ST 43 or 41	SP 2 or 3	ST 43 or 41
GB 38 or 34	LV 3 or 4	GB 43 or 41	LV 3 or 4	LV 4 or 8	GB 41 or 38	LV 2 or 3	GB 41 or 38
BL 60 or 40	K 3 or 7	BL 66 or 65	K 3 or 7	K 7 or 10	BL 65 or 60	K 2 or 3	BL 65 or 60
Left Hand Yin, Clockwise		Left Hand Yin, Counter		Left Hand Yang, Clockwise		Left Hand Yang, Counter	
LI 5 or 11	LU 11 or 10	LI 2 or 3	LU 11 or 10	LU 8 or 5	LI 1 or 2	LU 10 or 9	LI 1 or 2
SJ 6 or 10	PC 9 or 8	SJ 2 or 3	PC 9 or 8	PC 5 or 3	SJ 1 or 2	PC 8 or 7	SJ 1 or 2
SI 5 or 8	HT 9 or 8	SI 2 or 3	HT 9 or 8	HT 4 or 3	SI 1 or 2	HT 8 or 7	SI 1 or 2
SP 3 or 5	ST 44 or 43	SP 3 or 5	ST 41 or 36	ST 43 or 41	SP 2 or 3	ST 43 or 41	SP 5 or 9
LV 3 or 4	GB 43 or 41	LV 3 or 4	GB 38 or 34	GB 41 or 38	LV 2 or 3	GB 41 or 38	LV 4 or 8
K 3 or 7	BL 66 or 65	K 3 or 7	BL 60 or 40	BL 65 or 60	K 2 or 3	BL 65 or 60	K 7 or 10
Right Foot Yin, Clockwise		Right Foot Yin, Counter		Right Foot Yang, Clockwise		Right Foot Yang, Counter	
LI 2 or 3	LU 9 or 8	LI 5 or 11	LU 9 or 8	LU 10 or 9	LI 3 or 5	LU 8 or 5	LI 3 or 5
SJ 2 or 3	PC 7 or 5	SJ 6 or 10	PC 7 or 5	PC 8 or 7	SJ 3 or 6	PC 5 or 3	SJ 3 or 6
SI 2 or 3	HT 7 or 4	SI 5 or 8	HT 7 or 4	HT 8 or 7	SI 3 or 5	HT 4 or 3	SI 3 or 5
SP 1 or 2	ST 41 or 36	SP 1 or 2	ST 44 or 43	ST 45 or 44	SP 5 or 9	ST 45 or 44	SP 2 or 3
LV 1 or 2	GB 38 or 34	LV 1 or 2	GB 43 or 41	GB 44 or 43	LV 4 or 8	GB 44 or 43	LV 2 or 3
K 1 or 2	BL 60 or 40	K 1 or 2	BL 66 or 65	BL 67 or 66	K 7 or 10	BL 67 or 66	K 2 or 3
Left Foot Yin, Clockwise		Left Foot Yin, Counter		Left Foot Yang, Clockwise		Left Foot Yang, Counter	
LU 9 or 8	LI 5 or 11	LU 9 or 8	LI 2 or 3	LI 3 or 5	LU 8 or 5	LI 3 or 5	LU 10 or 9
PC 7 or 5	SJ 6 or 10	PC 7 or 5	SJ 2 or 3	SJ 3 or 6	PC 5 or 3	SJ 3 or 6	PC 8 or 7
HT 7 or 4	SI 5 or 8	HT 7 or 4	SI 2 or 3	SI 3 or 5	HT 4 or 3	SI 3 or 5	HT 8 or 7
ST 44 or 43	SP 1 or 2	ST 41 or 36	SP 1 or 2	SP 2 or 3	ST 45 or 44	SP 5 or 9	ST 45 or 44
GB 43 or 41	LV 1 or 2	GB 38 or 34	LV 1 or 2	LV 2 or 3	GB 44 or 43	LV 4 or 8	GB 44 or 43
BL 66 or 65	K 1 or 2	BL 60 or 40	K 1 or 2	K 2 or 3	BL 67 or 66	K 7 or 10	BL 67 or 66